



NEWCASTLE PERMANENT  
**CHARITABLE  
FOUNDATION**



Lifeline Central West  
253 Howick Street  
Bathurst NSW 2795  
1300 798 258

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*moving forward together*

**Narromine**

**10th October 2018**

**1pm - 5pm**

**CWA Rooms**

**Cnr Nymagee St & Third Avenue**

**Narromine NSW 2821**

**Phone: 1300 798 258 to register**

Practical conversations around well-being, domestic and family violence including financial abuse, mental health and suicide prevention' Topics will include the recognizing, responding and referring to domestic violence, crisis and mental health including stress, depression, anxiety and suicide. We will explore financial abuse, building resilience and strategies for self-care.